

# Pleasant Hill CUSD #3 - November 2015 Cafeteria Menu

Monday	Tuesday	Wednesday	Thursday	Friday
<p><b>2</b></p> <p>Breakfast Pizza, Cereal, Fruit, Milk &amp; Juice</p> <p>Goulash, Breadstick, Romaine Salad, Dressing, Fruit &amp; Milk</p>	<p><b>3</b></p> <p>Cereal, Toast, Fruit, Milk &amp; Juice</p> <p>Cheese Pizza, Seasoned Carrots, Cookie, Fruit &amp; Milk</p>	<p><b>4</b></p> <p>Oatmeal, Cereal, Toast, Fruit, Milk &amp; Juice</p> <p>Bar-B-Que Pork/Bun, Red Beans, Chips, Fruit &amp; Milk</p>	<p><b>5</b></p> <p>Cereal, Toast, Fruit, Milk &amp; Juice</p> <p>Spaghetti/Meat Sauce, Roll, Corn, Fruit &amp; Milk</p>	<p><b>6</b></p> <p>Fruit Muffin, Cereal, Milk &amp; Juice</p> <p>Hot Dog/Bun, Macaroni &amp; Tomatoes, Peas, Fruit &amp; Milk</p>
<p><b>9</b></p> <p>French Toast, Fruit, Cereal, Milk &amp; Juice</p> <p>Corn Dog, Black Beans, Salsa, Tostitos, Fruit &amp; Milk</p>	<p><b>10</b></p> <p>Cereal, Toast, Fruit, Milk &amp; Juice</p> <p>Au-Gratin Potatoes w/Diced Ham, Green Beans, Roll, Fruit &amp; Milk</p>	<p><b>11</b></p> <p><b>NO SCHOOL</b></p>  <p><b>DON'T FORGET TO THANK A VETERAN!</b></p>	<p><b>12</b></p> <p>Cereal, Toast, Fruit, Milk &amp; Juice</p> <p>Tenderloin/Bun, Steamed Broccoli, Oven Fries, Fruit &amp; Milk</p>	<p><b>13</b></p> <p>Scrambled Eggs, Toast, Cereal, Fruit, Milk &amp; Juice</p> <p>Cheese Pizza, Romaine Salad w/Dressing, Fruit, Sherbert, &amp; Milk</p>
<p><b>16</b></p> <p>Oatmeal, Toast, Cereal, Milk &amp; Juice</p> <p>Turkey Taco/Soft Shell, Lettuce, Black Beans, Salsa, Fruit &amp; Milk</p>	<p><b>17</b></p> <p>Cereal, Toast, Fruit, Milk &amp; Juice</p> <p>Ham &amp; Beans, Corn Muffin, Carrots, Fruit &amp; Milk</p>	<p><b>18</b></p> <p>Sausage Gravy &amp; Biscuit, Cereal, Fruit, Milk &amp; Juice</p> <p>Hamburger/Bun, Macaroni &amp; Tomatoes, Peas, Fruit &amp; Milk</p>	<p><b>19</b></p> <p>Cereal, Fruit, Toast, Milk &amp; Juice</p> <p>Burrito, Black Beans, Salsa, Tostitos, Fruit &amp; Milk</p>	<p><b>20</b></p> <p><b>NO SCHOOL</b></p> <p><b>PARENT / TEACHER CONFERENCES</b></p>
<p><b>23</b></p> <p>Oatmeal, Toast, Fruit, Milk &amp; Juice</p> <p>Sausage Gravy/Biscuit, Tator Tots, Fruit, 100% Juice &amp; Milk</p>	<p><b>24</b></p> <p>Cereal, Toast, Fruit, Milk &amp; Juice</p> <p>Turkey &amp; Gravy, Whipped Potatoes, Green Beans, Apple Crisp, Roll &amp; Milk</p>	<p><b>25</b></p> <p>Donut, Cereal, Fruit, Milk &amp; Juice</p> <p>Chili, Crackers, Sun Butter, Cheese Stick, Fruit &amp; Milk</p>	<p><b>26</b></p> <p><b>NO SCHOOL</b></p> 	<p><b>27</b></p> <p><b>NO SCHOOL</b></p> 
<p><b>30</b></p> <p>Funnel Cake, Cereal, Milk &amp; Juice</p> <p>Chicken Pot Pie, Whipped Potatoes, Corn, Fruit &amp; Milk</p>		 <p><b>PIZZA</b></p>		